Results of Pharyngeal Reconstruction after Total Laryngectomy in Hypopharyngeal Cancer: A 12-year Experience in Srinagarind Hospital

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Background and objective: Pharyngeal reconstruction after total laryngectomy in hypopharyngeal cancer is the challenge issue for head and neck surgeon. Srinagarind Hospital performed this procedure for a long time but it has never been studied about its results. We aim to evaluate the results.

Methods: This descriptive study collected data of patients who were diagnosed as hypopharyngeal cancer and underwent total laryngectomy which the pharyngeal defect couldn't be repaired by primary suture. We included patients from January 1st, 1997 to October 31st, 2009. The main data consisted of incidence of postoperative pharyngeal leakage, date of start oral feeding and length of hospital stay.

Results: There were 26 cases included. Twenty three patients were reconstructed by gastric pull-up and 4 cases (17.4%) had postoperative pharyngeal leakage. The other 3 cases were reconstructed by pectoralis major myocutaneous flap (PMMF) and 2 cases (66.6%) had postoperative pharyngeal leakage. Three out of 6 cases who had pharyngeal leakage were resolved by conservative treatment while the others required surgical intervention. Other complications included mainly pulmonary complications. However there was no intraabdominal complication in this study. Average days which patient could start oral feeding and length of hospital stay were 24 days and 84.33 days in leakage group as compared with 12.65 days and 28.45 days in non-leakage group, respectively. However, our study could not analyze the factors which influence the risk of postoperative pharyngeal leakage.
ผลการผ่าตัดซ่อมแซมคอหอยหลังการผ่าตัดกลีบเสียงออกหมดในมะเร็งคอหอยสวนล่างเท่ากับร้อยละ 17.4 ในรายที่ซ่อมแซมด้วยการทำ gastric pull-up และร้อยละ 66.6 ในรายที่ซ่อมแซมด้วยการทำ PMMF ซึ่งมีเพียงร้อยละ 50 ของการรั่วเท่านั้นที่สามารถหายได้ด้วยการรักษาแบบอนุรักษ์ ที่เหลือต้องอาศัยการผ่าตัดแก้ไข

สรุป: อุบัติการณ์การเกิดการรั่วของคอหอยจากการผ่าตัดซ่อมแซม คอหอยหลังการผ่าตัดกลีบเสียงออกหมดในมะเร็งคอหอยสวนล่างเท่ากับร้อยละ 17.4 ในรายที่ซ่อมแซมด้วยการทำ gastric pull-up และร้อยละ 66.6 ในรายที่ซ่อมแซมด้วยการทำ PMMF ซึ่งมีเพียงร้อยละ 50 ของการรั่วเท่านั้นที่สามารถหายได้ด้วยการรักษาแบบอนุรักษ์ ที่เหลือต้องอาศัยการผ่าตัดแก้ไข

Conclusions: Incidence of pharyngeal leakage in case of pharyngeal reconstruction after total laryngectomy in hypopharyngeal cancer was 17.4% in cases whom underwent gastric pull-up and 66.6% whom underwent PMMF. There were only 50% of pharyngeal leakage-patients resolve by conservative treatment. The others required surgical procedure.

Introduction

After total laryngectomy in hypopharyngeal cancer, pharyngeal reconstruction is the challenge issue especially in cases whom the defect can’t be repaired by primary suture. Myocutaneous flap, visceral transposition or revascularized free tissue transposition are options which is chosen according to types of pharyngeal defect. If tumor invades the esophagus and total esophagectomy is performed, gastric pull-up or colon interposition is indicated. If esophagus is preserved and only hypopharynx is resected, pectoralis major myocutaneous flap (PMMF), fasciocutaneous (radial forearm, anterolateral thigh) flap or jejunal free flap is performed.

Postoperative pharyngeal leakage is the main complication after pharyngeal reconstruction which we concern. The patients are suffering too much from this complication. They can’t eat by month and need tube feeding. Pressure dressing is performed until the pharyngeal leakage is resolved, usually more than 1 week. Some patients require second times of surgery or more to repair the leakage. Of course, it affects the length of hospital stay. Moreover, it results in delayed postoperative irradiation which may affect risk of tumor recurrence.

This study aims to evaluate the results of pharyngeal reconstruction after total laryngectomy in hypopharyngeal cancer in Srinagarind Hospital. The study has never been done before. We mainly concerned about postoperative pharyngeal leakage. The result may be beneficial to predict outcome of pharyngeal reconstruction which affects to date of start oral feeding and length of hospitalization.

Materials and methods

This descriptive study collected data from patients who was diagnosed as hypopharyngeal cancer and underwent total laryngectomy which couldn’t be repaired the pharyngeal defect by primary suture. We included all patients who underwent surgery in the Department of Otorhinolaryngology, Srinagarind Hospital, Faculty of Medicine, Khon Kaen University, Khon Kaen, Thailand since January 1st, 1997 to October 31st, 2009. The patients who underwent previous laryngeal surgery (e.g. conservation laryngectomy) or had recurrent tumor were excluded. We also included the patients who had received irradiation therapy before surgery. Data about sex, age, site of tumor, tumor staging, types of pharyngeal reconstruction, surgical complications especially pharyngeal leakage, length of hospital stay, date of start oral feeding, and times of reoperation were recorded.

Pharyngeal leakage was diagnosed if the medical record revealed (1) inflammation or injection of skin or subcutaneous abscess or fistula above tracheostoma, (2) presence of pharyngeal leakage on barium swallowing, or (3) delayed duration to start oral feeding or prolonged cervical pressure dressing without other obvious reasons.

The data were analyzed by descriptive statistics (number, percent, average).

Results

There were 26 patients were included in this study, 17 were male and 9 were female. The average age was 56.4 years (range from 39 - 74 years). All were
squamous cell carcinoma. Nobody has received previous irradiation therapy. After total laryngectomy, there were only 2 types of pharyngeal reconstruction were performed, 23 were gastric pull-up and 3 were pectoralis major myocutaneous flap (PMMF).

Pharyngeal leakage was found in 6 cases (23.08%). Character of patients who had pharyngeal leakage was showed in Table 1.

Patients who underwent gastric pull-up had pharyngeal leakage in 4 cases (17.4%) and 3 of them developed gastrocutaneous fistula. Date of diagnosis ranged from 6-16 days after surgery (10 days in average). Only one case required surgical repair while the remainders resolved by conservative treatment. Date of start oral feeding ranged from 10-35 days after surgery (20 days in average) and length of hospital stay ranged from 42-117 days (89 days in average).

Other complications in patients who underwent gastric pull-up were pneumonia (4 cases), pneumothorax (3 cases), lung atelectasis (3 cases), and hemopneumothorax (2 cases). Each case might have more than one complication. Unfortunately, there was one case died due to tracheoinnominate artery fistula. However, nobody had any intraabdominal complications.

Three patients who underwent PMMF had pharyngeal leakage in 2 cases (66.6%). The first case was diagnosed on the fifth day after surgery and required 4 times for surgical repair. He could eat anything orally on 44th days. His length of hospital stay was 115 days. The other case had delayed leakage (14 days after surgery). He required another surgical repair and could eat on 18th day. His length of hospital stay was 35 days. No other serious complication was found in this group except lung atelectasis in one case.

Patients who had pharyngeal leakage had delay of time to start oral feeding (12th to 24th day in average) and had longer length of hospital stay (28.4 to 84.3 days in average) (Table 2)

Discussion

Most of hypopharyngeal cancer is advanced stage and hypopharyngeal mucosa has to be resected a lot, so it has no enough mucosa to repair by primary suture. There are many methods for pharyngeal reconstruction such as myocutaneous flap (e.g. PMMF), visceral transposition (e.g. gastric pull-up) or revascularized free tissue transposition. However, each method has indication itself. In Srinagarind Hospital, only gastric

<table>
<thead>
<tr>
<th>Order</th>
<th>Character of patients who had pharyngeal leakage</th>
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<tbody>
<tr>
<td></td>
<td>Sex</td>
</tr>
<tr>
<td>1</td>
<td>Male</td>
</tr>
<tr>
<td>2</td>
<td>Male</td>
</tr>
<tr>
<td>3</td>
<td>Male</td>
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<tr>
<td>4</td>
<td>Male</td>
</tr>
<tr>
<td>5</td>
<td>Male</td>
</tr>
<tr>
<td>6</td>
<td>Male</td>
</tr>
</tbody>
</table>

GP = gastric pull-up, PMMF = pectoralis major myocutaneous flap, CTx = conservative treatment, Sx (…) = surgical treatment (numbers of surgery), LOS = length of hospital stay
pull-up and PMMF were performed for pharyngeal reconstruction.

Most of the patients (23/26) required gastric pull-up as pharyngeal reconstruction because they had esophageal invasion and needed total esophagectomy. After esophagus was resected totally, stomach was pulled through the anterior mediastinum to anastomose with oropharynx superiorly. This technique resulted in increase risk to intraabdominal and intrathoracic complications. Although the incidence of anastomotic leakage was lower than PMMF reconstruction but it caused more severe complication due to acidity of gastric content which leak into the surrounding tissue.

PMMF reconstruction was indicated in cases that esophagus was preserved but had no enough pharyngeal mucosa to primary closure. We can also design the flap as tube flap to reconstruct whole hypopharyngeal defect in cases that undergo total hypopharyngectomy. Because this technique creates multiple sites of anastomosis (3 or 4 sites), while gastric pull-up makes only one anastomotic site, it results in high risk of leakage. However, leakage of PMMF reconstruction contains saliva which less tissue irritation than gastric content.

Our incidence of pharyngeal leakage was rather high when compared to the previous studies (Table 3). Previous radiation, wound infection, tension of sutured pharynx and technique of pharyngeal reconstruction were suggested to be the factors influenced the occurrence of pharyngeal leakage. Unfortunately, we had not adequate data for analysis the effect of these factors. However, principle of anastomosis technique, such as tensionless of anastomotic site, infection control, suture technique, etc., should be keep in mind and strictly consider. Residual cancer at anastomotic site is one of the causes of anastomotic leakage which we have to recognize although there is no such condition in our study.

All cases of pharyngeal leakage were treated conservatively first and following by surgery if conservative

Table 2 Comparison of characteristics of patients who were with or without no pharyngeal leakage

<table>
<thead>
<tr>
<th>Character</th>
<th>Patients with leakage (6)</th>
<th>Patients without leakage (20)</th>
<th>Total (26)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>6</td>
<td>11</td>
<td>17</td>
</tr>
<tr>
<td>Female</td>
<td>0</td>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>Age (average)</td>
<td>44-68 (58.7)</td>
<td>39-74 (55.7)</td>
<td>39-74 (56.4)</td>
</tr>
<tr>
<td>Date of start oral feeding (average)</td>
<td>10-44 (24)</td>
<td>6-27 (12.6)</td>
<td>6-44 (15.3)</td>
</tr>
<tr>
<td>Length of hospital stay (day)</td>
<td>35-117 (84.3)</td>
<td>12-180 (28.4)</td>
<td>12-180 (41.3)</td>
</tr>
</tbody>
</table>

Table 3 Incidence of pharyngeal leakage, length of hospital stay and date of start oral feeding: comparison between this study and other literatures

<table>
<thead>
<tr>
<th>Character</th>
<th>Other literatures</th>
<th>This study</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Gastric pull-up</td>
<td>PMMF</td>
</tr>
<tr>
<td>Incidence of pharyngeal leakage (%)</td>
<td>2.4-17.2</td>
<td>0-54.5</td>
</tr>
<tr>
<td>Length of hospital stay (day)</td>
<td>16-4</td>
<td>14-26</td>
</tr>
<tr>
<td>Date of start oral feeding (day)</td>
<td>13-19.7</td>
<td>13.5-20</td>
</tr>
</tbody>
</table>
treatment failed. Conservative treatment of pharyngeal leakage consists of pressure dressing, intravenous antibiotics, NPO and NG feeding. Result of treatment was assessed by clinical examination or barium swallowing. Success rate was generally about 66.7 – 89%.15-17.

In this study, 4 of 23 cases who underwent gastric pull-up had pharyngeal leakage and 3 of them healed by conservative treatment. But all of two cases who had pharyngeal leakage after PMMF failed to conservative treatment and required surgical treatment. Multiple sites of anastomosis and availability of PMMF may be the main factors of treatment failure.

Time for date of start oral feeding was the final outcome of pharyngeal reconstruction. Patients with pharyngeal leakage had delay oral feeding time (24 days compared with 12.6 days) (Table 2). Moreover, when compared with other literatures, our study also had longer delay oral feeding time1,2,6,11,13 (Table 3). Ane this was correlated with length of hospital stay1,2,6,10,12,13 (table 3). Their causes were not clear. It might result from other simultaneous complications.

Other postoperative complications of gastric pull-up and PMMF reconstruction were mainly pulmonary complications such as pneumonia, pneumothorax, lung atelectasis, etc. We believed that it may be the important reason of long hospitalization. The serious complication in our study was tracheoinnominate artery fistula which was the cause of death in one patient. Mortality rate was 3.84% compared with 15% of previous study18. Although there was no immediate intraabdominal complications in our study, delayed or long term intraabdominal complication, such as gut obstruction, etc., should be recognized.

**Conclusion**

Incidence of pharyngeal leakage in case of pharyngeal reconstruction after total laryngectomy in hypopharyngeal cancer was 17.4% in cases whom underwent gastric pull-up and 66.6% whom underwent PMMF. There were only 50% of pharyngeal leakage-patients resolve by conservative treatment. The others required surgical procedure.

**Reference**


