

Possible involvement of glucocorticoids in mycotoxin-induced neuroinflammation

Boonrat Chantong^{1*} Punnee Nusuetrong²

¹Department of Preclinical Science and Applied Animal Science, Faculty of Veterinary Science, Mahidol University, Phutthamonthon, Nakhonpathom, Thailand

²Department of Physiology, Faculty of Medicine, Srinakharinwirot University, Bangkok, Thailand

*Corresponding author, E-mail address: boonrat.cha@mahidol.ac.th

Abstract

The mycotoxins are commonly encountered in human cereal foods and animal feed throughout the world as a result of infestation of grains in the field and in storage by the fungi including genus *Aspergillus*, *Penicillium* and *Fusarium*. Modulation of the inflammatory responses in the central nervous system (CNS) appears particularly critical role of some relevance mycotoxins such as T-2 toxin, fumonisin B1 and ochratoxin A. Specifically, mentioned mycotoxins disturbed mitogen-activated protein kinases (MAPKs) as well as nuclear factor kappa-light-chain-enhancer of activated B cells (NF- κ B) which mediate robust induction of pro-inflammatory gene expression in both *in vitro* and *in vivo*. In CNS, glucocorticoids are powerful endogenous and therapeutic modulators of inflammation through both MAPKs and NF- κ B signaling. In addition, toxicity of mycotoxins also was altered with glucocorticoid. Taken together, glucocorticoids may possibly involve in the action of mycotoxins on neuroinflammatory responses. Therefore, factors disturbing glucocorticoid regulation in CNS such as stress, infection, and xenobiotics may enhance response to mycotoxin toxicity. It is anticipated that these investigations will be applicable to identify the therapeutic intervention or prevention.

Keywords: Glucocorticoid, Mycotoxin, Neuroinflammation

การมีส่วนร่วมของสารกลุ่มกลูโคคอร์ติคอยด์ต่อกระบวนการอักเสบของระบบประสาทที่เกิดจากการชักนำของสารพิษจากเชื้อรา

บุญรัตน์ จันทร์ทอง^{1*} พรรณี หนูชื้อตรง²

¹ภาควิชาปรีคลินิกและสัตวศาสตร์ประยุกต์ คณะสัตวแพทยศาสตร์ มหาวิทยาลัยมหิดล อำเภอพุทธมณฑล จังหวัดนครปฐม 73170

²ภาควิชาสรีรวิทยา คณะแพทยศาสตร์ มหาวิทยาลัยศรีนครินทรวิโรฒ เขตวัฒนา กรุงเทพมหานคร 10110

*ผู้รับผิดชอบบทความ E-mail address: boonrat.cha@mahidol.ac.th

บทคัดย่อ

สารพิษจากเชื้อราเป็นสารที่พบได้ทั่วโลกพบได้บ่อยในอาหารประเภทธัญพืชสำหรับมนุษย์และสำหรับเลี้ยงปศุสัตว์ ซึ่งเกิดจากการที่เมล็ดธัญพืชมีการติดเชื้อราในจีนัสต่าง ๆ เช่น *Aspergillus*, *Penicillium* และ *Fusarium* ในช่วงระหว่างรอการเก็บเกี่ยวและระหว่างการเก็บรักษา สารพิษจากเชื้อราที่มีบทบาทสำคัญ ได้แก่ T-2 toxin, fumonisin B1 และ ochratoxin A มีผลเปลี่ยนแปลงกระบวนการตอบสนองต่อการอักเสบในระบบประสาทส่วนกลาง โดยรบกวนการทำงานของระบบการส่งสัญญาณภายในเซลล์ ได้แก่ mitogen-activated protein kinases (MAPKs) และ nuclear factor kappa-light-chain-enhancer of activated B cells (NF-κB) ซึ่งมีหน้าที่สำคัญในการกระตุ้นการแสดงออกของยีนที่เกี่ยวข้องกับกระบวนการอักเสบทั้งในสิ่งแวดล้อมที่ทำเทียมขึ้น และในร่างกายของสิ่งมีชีวิต สารกลุ่มกลูโคคอร์ติคอยด์ซึ่งรวมทั้งสารที่มีอยู่แล้วในร่างกายและที่ได้รับจากภายนอกจะทำหน้าที่สำคัญในการควบคุมการส่งสัญญาณผ่านระบบ MAPKs และ NF-κB ในระบบประสาทส่วนกลาง นอกจากนี้พบว่าสารกลุ่มกลูโคคอร์ติคอยด์ยังสามารถปรับเปลี่ยนความรุนแรงที่เกิดจากสารพิษจากเชื้อราดังกล่าวได้ด้วย เมื่อนำหลักฐานการศึกษาดังกล่าวมาเชื่อมโยงกันแสดงให้เห็นว่าสารกลุ่มกลูโคคอร์ติคอยด์อาจมีบทบาทต่อการตอบสนองต่อการอักเสบของระบบประสาทที่ถูกกระตุ้นโดยสารพิษจากเชื้อรา ดังนั้น ปัจจัยที่มีผลกระทบต่อการทำงานของกลูโคคอร์ติคอยด์ เช่น ภาวะเครียด การติดเชื้อ และสารแปลกปลอมจึงอาจมีผลเพิ่มการตอบสนองของระบบประสาทส่วนกลางต่อการเกิดพิษของสารพิษจากเชื้อราได้ ข้อมูลการค้นพบเหล่านี้จะนำไปสู่การประยุกต์เพื่อการค้นหาวิธีการรักษาหรือป้องกันการเกิดพิษจากสารพิษจากเชื้อราได้

คำสำคัญ: กลูโคคอร์ติคอยด์ สารพิษจากเชื้อรา การอักเสบของระบบประสาท

Introduction

Mycotoxins are secondary metabolites produced by fungi such as genus *Aspergillus*, *Penicillium* and *Fusarium*. Toxicity of mycotoxins on human and animals upon ingestion, inhalation, or skin contact has been recognized for decades. The contamination of mycotoxins is widely distributed in environment and food chain and can occur in all agricultural commodities in the field and/or during storage. The Food and Agriculture Organization of the United Nations (FAO) estimated that approximately 25% of the cereals produced in the world are contaminated by mycotoxins (Rice and Ross, 1994; Marin et al., 2013). Regarding animal feed, five mycotoxins, including aflatoxins, deoxynivalenol, zearalenone, fumonisins and ochratoxin A, are covered by European Union legislation (Streit et al., 2012). Fumonisin, nivalenol, zearalenone and aflatoxins were often detected in corn from Southeast Asia including Thailand. In Thailand, increasing evidence suggests that contamination of mycotoxins in food is a critical problem for both animal and human health (Tansakul et al., 2013). For example, a study to assess the levels of fumonisin contamination in swine food composed of corn and other cereals showed that all tested samples were contaminated (Tansakul et al., 2013). Mycotoxins-contaminated favorite foods including fumonisin B2 and ochratoxin A in coffee bean (Noonim et al., 2008; Noonim et al., 2009), aflatoxin M1 in raw milk samples and in pasteurized milk (Ruangwises and Ruangwises 2009; Ruangwises and Ruangwises, 2010), and deoxynivalenol (DON) contamination in wheat products (Poapolathep et al., 2008) alerted most of people in Thailand. Consequently, their contamination in food chain and toxicity need to be concerned.

Furthermore, the relevance of mycotoxins for agricultural, ecological and toxicological reasons has been focused. They can cause economic losses due to contaminated cereals and might be harmful for humans and animals due to their toxicological properties. Mycotoxins could be observed in the food chain because of fungal infection of crops, either by being consumed directly by humans or used as livestock feed. An accumulation of mycotoxins in different tissues is due to ingestion via food chain through meat, milk, or eggs.

Pathogenesis of neurodegenerative disorders associated with mycotoxins have been recognized over the past decade (Doi and Uetsuka 2011). Interestingly, recent findings purposed that mycotoxins may be the underlying cause of neurodegenerative diseases with evidences of neuroinflammatory responses such as multiple sclerosis, Alzheimer's disease, and Parkinson disease (Sava et al., 2006a; Sava et al., 2007; Zhang et al., 2009; Purzycki and Shain 2010; Doi and Uetsuka, 2011). For instance, fumonisin B1 (FB1) disturbs the biosynthesis of sphingolipids which are related to the pathogenesis of multiple sclerosis (Purzycki and Shain, 2010). Additionally, FB1 is well known to cause equine leukoencephalomalacia which is characterized by high mortality (Caloni and Cortinovic, 2010). The neurotoxicity potential of DON has been emphasized due to ability to disturb brain functions via direct action (Bonnet et al., 2012; Maresca 2013). The effect of acute and chronic exposure to ochratoxin A (OTA) on the nervous system has been assessed (Sava et al., 2006a; Mantle and Nolan, 2010). The exposure to OTA has been hypothesized that causes Parkinsonism (Sava et al., 2006b).

For the reasons mentioned above, the impact of mycotoxins on the development and progression of neurodegenerative diseases is extensively elucidated. In the pathogenesis of various neurodegenerative diseases, the important of microglia stimulation and the expression of proinflammation cytokines have been demonstrated (Morales et al., 2010; Collins et al., 2012; Koziorowski et al., 2012; Rubio-Perez and Morillas-Ruiz, 2012; Sorenson et al., 2013).

Molecular mechanisms of neuroinflammation

Inflammatory neurodegeneration contributes to a wide variety of brain pathologies. Although molecular mechanisms of inflammatory neurodegeneration are still unclear, neuroinflammation involving by microglia activation underlies many neurodegenerative diseases (Block et al., 2007). Initial microglial activation was suggested to promote glial neuroimmune responses resulting in persistent increases in innate immune gene expression (Qin et al., 2007). Inflammatory response in the injured brain elicits pro-inflammatory cytokines such as interleukin-1beta (IL-1 β), interleukin-6 (IL-6), and tumor necrosis factor-alpha (TNF- α) (Clark et al., 2013; Woodcock and Morganti-Kossmann, 2013).

Under physiological conditions, cellular redox balance is maintained by the equilibrium between the formation and elimination of free radicals such as reactive oxygen species (ROS) and nitric oxide (NO). The CNS appears to be especially vulnerable to oxidative stress due to its high rate of oxygen consumption, low levels of molecular antioxidants and the susceptibility of neurons or oligodendrocytes due to their specific metabolic properties. Accumulating evidence also supports the concept that oxidative imbalance and subsequent oxidative stress play an important role in the pathophysiology of neurodegenerative diseases (Butterfield et al., 2006) due to neuronal cell damage and subsequent cell death from oxidation of cellular components. In addition, ROS have been recognized as an activator to the chronic progression of neurodegenerative diseases (Glass et al., 2010) and plays a key role in microglial response in neurodegeneration (Kettenmann et al., 2011; Beraud et al., 2013; Domercq et al., 2013; Wong, 2013). Therefore, an increase of ROS is a common feature of neurodegenerative diseases (Agostinho et al., 2010; Kovacic and Somanathan, 2012). Microglial intracellular ROS generation facilitates proinflammatory pathways by activating the mitogen-activated protein kinase (MAPKs) and nuclear factor kappa B (NF- κ B) signalings (Hu et al., 2011; Ibrahim et al., 2011; Kacimi et al., 2011; Peterson and Flood, 2012).

Upon activation, in addition to cytokines, microglia release NO and produce reactive oxygen ROS that have been associated with demyelination and axonal damage in cerebellar cultures (di Penta et al., 2013). NO, produced by inducible nitric oxide synthase (iNOS), is one of characterized pro-inflammatory factors that induce neuronal death (Brown and Neher, 2010; Li et al., 2012; Khasnavis et al., 2013). iNOS expression plays a prominent role in the mechanism of oxidative stress in various cell types that is also mediated by NF- κ B and MAPK signal transduction.

Among the transcription factors that activate the inflammatory genes, NF- κ B is one of the most relevant in microglia cells. In quiescent cells, NF- κ B which exists primarily as a p50/p65 heterodimer remains inactive in the cytoplasm due to the formation of complexes with the inhibitory protein, nuclear factor of kappa light polypeptide gene enhancer in B-cells inhibitor, alpha

(I κ B α). Upon stimulation by various kinases as well as ROS (Crews et al., 2011), I κ B α is degraded, which then allows phosphorylated NF- κ B to translocate to the nucleus, bind to cognate DNA binding sites, and initiate the transcription of target pro-inflammatory factors (Barnes and Karin, 1997; Lukiw, 2012) including interleukins, TNF- α and iNOS (Cheng et al., 2009; Lukiw, 2012; Wongchana and Palaga, 2012).

MAPKs are serine and threonine protein kinases that function in multiple pathways and cell types. The MAPK family includes extracellular signal-regulated kinase 1 and 2 (ERK1/2), c-Jun N-terminal kinase (JNK), and p38 kinase (Waskiewicz and Cooper, 1995; Kolch, 2005), which have been implicated in the release of immune-related cytotoxic factors such as iNOS, cyclooxygenase-2 (COX-2), and pro-inflammatory cytokines (Choi et al., 2009; Lin et al., 2010; Wang et al., 2011). MAPKs have been suggested to be critical regulators of oxidative stress and pro-inflammatory signaling cascades (Wang et al., 2011).

However, the molecular mechanisms underlying mycotoxin-induced neuroinflammatory responses are not fully understood.

The role of mycotoxins on neuroinflammation

T-2 toxin, DON, FB1, and ochratoxin A are well characterized their different types of neurotoxicity in various models (Yamashita et al., 1995). Among the large number of mycotoxins, trichothecenes produced by various species of *Fusarium* are extensively focused due to their high prevalence in food and their high toxicity (Sehata et al., 2004; Rezar et al., 2007; Li et al., 2011; Cortinovis et al., 2013; Ferreras et al., 2013; Mu et al., 2013). The neurotoxicity potential of trichothecenes especially DON and T-2 toxin has been concerned. While the ability of DON-induced proinflammatory gene expression at peripheral tissue was extensively studied (Pestka, 2010), data indicating its effects on the CNS are less abundant. DON can be vastly and rapidly distributed to the brain in the mouse after oral exposure (Pestka et al., 2008). Oral DON administration (12.5 mg/kg) up-regulated IL-1 β , TNF- α , and IL-6 mRNAs in the hypothalamus and the dorsal vagal complex of mice (Girardet et al., 2011a). The direct effect of DON on the brain was confirmed by intracerebroventricular

injection (Girardet et al., 2011b). DON modified neuroinflammatory responses of microglia to lipopolysaccharides (LPS) in primary cortical glial cell cultures. DON significantly potentiated LPS effect for concentrations less than 100 nM. Inversely, DON at concentrations higher than 100 nM decreased in the effect of LPS in concentration dependent manner (Razafimanjato et al., 2011). The recent evidence indicates that DON at the dose related to daily human intake induced pro-inflammatory gene expression in brain structures as well as in systemic inflammation in mouse model. However, the adverse effect of chronically consumed low DON was not detected (Tardivel et al., 2015).

T-2 toxin shows various features of neurotoxicity such as disturbing neurotransmitter signaling in rat brains (Wang et al., 1998a), increasing blood brain barrier (BBB) permeability (Wang et al., 1998b), and inducing apoptosis in the developing mouse embryos (Ishigami et al., 1999). Concerning the neurotoxicity, T-2 toxin has been mainly focused. T-2 toxin triggered apoptotic reactions via caspase-3-activation after short incubation times in primary human astrocytes and was able to cross BBB (Weidner et al., 2013a; Weidner et al., 2013b). Additionally, the permeability of BBB was perturbed by T-2 toxin (Ravindran et al., 2011). The up-regulation of pro-inflammatory cytokines mRNA including IL-1 α , IL-1 β , IL-6 and TNF- α in brain exposed with T-2 toxin was reported. T-2 toxin induced marked oxidative stress parameters with elevation of lipid peroxidation, ROS levels, and iNOS mRNA expression in brain (Chaudhary and Rao, 2010; Ravindran et al., 2011). For instance, oxidative stress and MAPK pathway have been suggested to be involved in T-2 toxin-induced apoptosis in rat fetal brain (Sehata et al., 2004). The activation of JNK and p38 MAPKs was observed after T-2 toxin exposure in RAW 264.7 murine macrophage (Yang et al., 2000).

Fumonisin produced by *Fusarium verticillioides*, are a worldwide fungal concomitant of various cereals, predominantly corn (Domijan, 2012). Fumonisin B shows neurodegenerative potential in both experimental animals and in cell cultures (Osuchowski et al., 2005; Doi and Uetsuka, 2011; Domijan, 2012; Domijan et al., 2012). FB1 is the most abundant and toxic; it has been

associated with a number of diseases in humans and animals. FB1 widely contaminates maize and maize-based food. The potential mechanisms of FB1-induced neurotoxicity are well investigated (Doi and Uetsuka, 2011; Domijan and Abramov, 2011; Domijan, 2012). FB1 inhibited mitochondrial complex I lead to mitochondrial membrane potential depolarization and calcium deregulation in neuronal primary culture (Domijan et al., 2012). The potential of FB1 on neuroinflammatory responses also exhibited by up-regulation of pro-inflammatory related genes including TNF- α , IL-1 β , and IL-6 in the murine brain (Osuchowski et al., 2005). Oxidative stress is suggested to be a mechanism of FB1-induced toxicity (Stockmann-Juvala et al., 2004; Doi and Uetsuka, 2011)

OTA is a fungal metabolite produced by *Aspergillus ochraceus* and *Penicillium verrucosum*. OTA is commonly found in a variety of plant food products such as cereals and feedstuffs. Because of its long half-life, it accumulates in the food chain and is frequently detected in human plasma at nanomolar level. A significant oxidative damage in many brain regions including cerebellum, hippocampus, caudate putamen, pons medulla, substantia nigra, and cerebral cortex after OTA exposure was demonstrated (Sava et al., 2006a; Mantle and Nolan, 2010). An impairment of hippocampal neurogenesis *in vivo* contributing to memory loss and depression due to OTA was also postulated (Sava, et al., 2007). OTA reduced dopamine level, loss of mitochondrial membrane potential in neuronal cells (Zhang et al., 2009), and induced neuronal apoptosis in the substantia nigra, striatum and hippocampus (Doi and Uetsuka, 2011). OTA exhibits a wide range of neurotoxic activities such as apoptosis in SH-SY5Y neuronal cells, stimulation of astrocyte reactivity in aggregating rat brain cells, and induction of cytotoxicity in rat embryo midbrain micromass cultures (Zurich et al., 2005; Wilk-Zasadna and Minta, 2009; Zhang et al., 2009). The role of inflammation in OTA-induced neurotoxicity has been proposed. For instance, OTA increased expression of the inducible inflammatory marker, iNOS in aggregating rat brain cultures (Zurich et al., 2005). Microglial activation stimulated by OTA was also observed in the same model (Monnet-Tschudi et al., 1997). Recently, the action of OTA in neuroinflammatory process was

exhibited that neurodegenerative M1 microglial phenotype and up-regulation of pro-inflammatory cytokines mRNA expression were observed (von Tobel et al., 2014). However, the molecular mechanism underlying mycotoxin-induced neurotoxicity is not well-understood. Especially, the impact of mycotoxins on microglia cells is poorly investigated.

Although the potential of mycotoxin induced-neurotoxicity has been widely reported, a large number of studies focused directly on neuronal cell function. Moreover, increasing evidence suggests that inflammation involving microglia activation through the release of pro-inflammatory mediators underlies many neurodegenerative diseases (Glass et al., 2010; Evans et al., 2013; Niranjana, 2013; Orre et al., 2013). Currently, it is still unclear whether microglia responds to mycotoxins and induces inflammatory cascades.

Effect of glucocorticoid on neuroinflammation

Glucocorticoids, including cortisol in humans and corticosterone in rodents, have profound effects on brain development and adult CNS function. Excess or insufficient glucocorticoids cause abnormalities in neuronal and glial structure and function. In mammals, the mechanisms for responding to stress are regulated by the hypothalamic–pituitary–adrenal (HPA) axis, which results in the release of glucocorticoids. However, the effects of glucocorticoids in neuroinflammation are not fully understood. Glucocorticoids, a double-edged sword, can both enhance neurotoxicity or protect against toxicity (Harvey et al., 1994). Synthetic glucocorticoids have long been used as an anti-inflammatory therapy following injury or suppression of immune response. There is increasing evidence that endogenous glucocorticoids, major hormones released during periods of stress, acts as a priming event resulting in the potentiation of both central and peripheral pro-inflammatory cytokine production following a subsequent systemic immune challenge (Sorrells and Sapolsky, 2007; Sorrells et al., 2009). In contrast, some studies showed that glucocorticoids caused an increase in the number of inflammatory cells, such as granulocytes, monocytes/macrophages and microglia in the hippocampus (Dinkel et al., 2003; Munhoz et al., 2006). Interestingly, glucocorticoids induce the

potentiation proinflammatory cytokine production following a subsequent immune challenge (Yeager et al., 2009; Frank et al., 2010). For example, prior exposure to corticosterone potentiated LPS induced spinal neuroinflammation with elevation of IL-1 β and IL-6 proteins (Loram et al., 2011). The elevation of corticosterone levels is suggested to be pro-inflammatory to exacerbate LPS on NF- κ B, MAPKs, and pro-inflammatory gene expression in frontal cortex (Munhoz et al., 2010).

Stress-induced glucocorticoids function to sensitize the microglial pro-inflammatory response in the hippocampus to immunologic challenges (Frank et al., 2012). Acute and chronic stresses have been found to sensitize the neuroinflammatory response to immunologic challenges (Munhoz et al., 2006; Espinosa-Oliva et al., 2011). Several studies have been documented that stress and glucocorticoids can enhance neuroinflammation. For example, stress-induced priming of subsequent CNS pro-inflammatory cytokine production has been documented to worsen outcomes in a rat model of stroke (Caso et al., 2006). Stress enhances spinal neuro-inflammatory responses leading to cell death (Grau et al., 2004).

For the functions of microglia, several studies demonstrated that corticosterone inhibits microglia cells, reducing inflammatory reactions in the brain (Morale et al., 2004; Sugama et al., 2009). Microglia activation induced by acute stress was reversed by corticosterone administration (Sugama et al., 2012). Triamcinolone inhibited microglia activation and protected neuronal cells from death induced by microglia activation (Hong et al., 2012). Glucocorticoids inhibited proliferation of microglia cells (Ganter et al., 1992). *In vivo* experiments have shown that glucocorticoid injection alters the density and morphology of microglia cells in immature rats (Kaur et al., 1994). Low concentrations of corticosterone decreased the expression of IL-1 β and TNF- α in the rat hippocampus following kainic acid stimulus (MacPherson et al., 2005), while chronic administration of corticosterone increased the level of LPS-induced NF- κ B activity in the hippocampus of stressed rats (Munhoz et al., 2006).

Corticosteroids such as corticosterone and cortisol mediate their effects by binding to mineralocorticoid

receptors (MR) and glucocorticoid receptors (GR) with different affinity. Both MR and GR differentially regulate the function of MAPKs and NF- κ B (Kiyomoto et al., 2008; Nguyen Dinh Cat et al., 2011; Chantong et al., 2012; Queisser et al., 2013). MR expressed on microglia might play a role in the modulation of microglia activity (Frieler et al., 2011). Evidence suggests that spironolactone, an MR antagonist, inhibits production of TNF- α and IL-1 β via MR mechanisms and show positive effects in patients with immunoinflammatory diseases (Hansen et al., 2004; Miura et al., 2006; Syngle et al., 2013). It has been reported that spironolactone could reverse the action of corticosterone and aldosterone on microglial activation (Tanaka et al., 1997). However, GR expressing in microglia cells show a suppression effects. The inhibitory of corticosterone on proliferation of microglia cells is mediated by GR, but not MR (Nakatani et al., 2012). After acute 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine treatment in mice, it was found that microglial GR protected dopaminergic neurons after acute intoxication, meanwhile microglial GR gene inactivation exacerbated both microglial and astroglial reactivities (Ros-Bernal et al., 2011). To date, however, there are no findings on the roles of MR and GR in mycotoxin-induced inflammation in the microglia cells.

Conclusion and outlook

It has been suggested that activation of MAPK and NF- κ B pathways have a critical role in mycotoxin-induced inflammation. Glucocorticoids also disturb the function of these two pathways leading to inflammatory impairment in the CNS. Several evidences have demonstrated that the toxicological responses to mycotoxins can be modulated by corticosterone and other natural and synthetic glucocorticosteroids (Harvey et al., 1994; Magnoli et al., 2012). Taken together, endogenous and exogenous glucocorticoids are expected to modulate the sensitivity to mycotoxin neurotoxicity.

In summary, inflammatory and stress responses of microglia cells contribute to neuroinflammation that causes neurodegenerative diseases. Factors that influence on microglia function such as stress, corticosteroids, and mycotoxins may change the susceptibility of microglia activation that may enhance neuroinflammation. Therefore, we propose that deoxynivalenol, T-2 toxin, fumonisin B1, and ochratoxin A on the neuroinflammatory responses may be exacerbated by glucocorticoids via activation of inflammation-related pathways including NF- κ B and MAPKs (Figure 1.). Consequently, the roles of glucocorticoids on mycotoxin-induced inflammation need to be highlighted for further research.

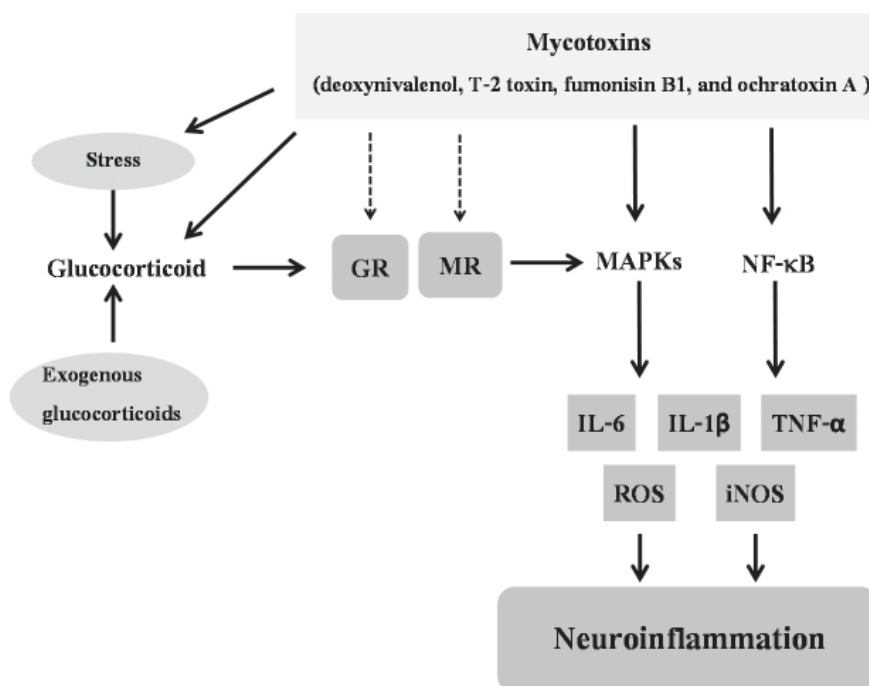


Figure 1 Proposed model for the role of glucocorticoids involving mycotoxin-induced neuroinflammation. This review suggests that glucocorticoids promote a neuroinflammation induced by mycotoxins through disturbing MAPKs and NF- κ B which increases cytokine expression. The action of glucocorticoids and mycotoxins on the GR and MR may regulate the inflammatory responses. Factors influencing on glucocorticoid functions such as stress, exogenous glucocorticoids, and mycotoxins may enhance neuroinflammation.

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